Far East District hosts Senior Leaders Seminar

The Far East District hosted the Pacific Ocean Division Regional Governance and Senior Leaders Seminar Feb. 11-15. Leaders from across Pacific Ocean Division, Alaska District, Honolulu District and the Far East District participated in various meetings and site visits, while engaging with key leaders from across the spectrum. The seminar provided opportunities to plan, implement forward strategies and meet with partners and stakeholders from across the Division and the Republic of Korea. More photos on page 4. (Photo by Stephen Satkowski and O Sang-song)
The Far East District hosted a project management military program training class at the district headquarters Jan. 28-31. The class provides the project manager in a programs/project management division with procedures, tools, and techniques necessary to effectively manage military construction projects from design authorization through construction completion. (Photos by Yi Yong-un)
The United States Forces Korea Engineer Ball took place at the Suwon SINTEX Event Hall Mar. 1. Approximately 500 guests from across the peninsula, including approximately 39 FED personnel, came together to celebrate. A four-course dinner was served following country and service toasts. Gen. Robert B. Abrams, Commanding General, United States Forces Korea, United Nations Command, Combined Forces Command, spoke about the engineer’s proud history on the Korean Peninsula, the tough battles engineers endured and their perseverance and successes. After the VIP speeches, Commander’s proposed toasts to their respective units. (FED file photos)
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Fantastic FED 2019 February Black History Month Event

A “Black history month” celebration was held on Wednesday, February 20, 2019, at our new FED HQ at Camp Humphreys. It was a USACE FED groundbreaking and inspiring event attended by more than 100 people.

Guest Speaker

Deeply meaningful for the African American community, Black History Month is also imperative for the greater understanding of national and world history. By reliving and remembering history, we create awareness of the struggles and challenges that African-Americans overcame.

We were so honored to have for a guest speaker Brig. Gen. David Wilson, Director, USFK J4. He promoted positive examples of poignant historical events, exemplary leaders, and encouragement for societal changes.

It was the time for us to remember the important achievements and contributions of African Americans within our community.

Tribute to a Great Lady

Our Black History Special Emphasis Committee also paid tribute to Ms. Henrietta Lacks.

Henrietta Lacks was an African-American woman whose cancer cells are the source of the HeLa cell line, the first immortalized cell line and one of the most important cell lines in medical research.

She was born on Aug. 1, 1920 in Roanoke, VA and died on Oct. 4, 1951 at the age of 31, during a 1951 visit to The Johns Hopkins Hospital, Baltimore, MD which was racially segregated at the time. Doctors discovered a malignant tumor on her cervix and collected now-famous cells from the tumor without her knowledge or consent.

The line of cells which scientists nicknamed “HeLa” cells after the first two letters of Lacks’s first and last names would go on to contribute to significant advances in scientific research, lead to two Nobel Prizes in research, and the development of vaccines, cancer treatments, in vitro fertilization and a genome sequence that was published last year. The cells have been used in the research of toxins, hormones and viruses and to study the effects of radiation and the development of the polio vaccine.


Continued on Page 6
EEO Office Support

The event was made possible through the kind support to the EEO Office by Master Sgt. David Montez, the great Eighth Army Band performing the American and Korean National Anthems, and entertaining us with beautiful songs and music. The fantastic Camp Humphreys Middle School Choir who sang “Just One Heart” by Jim Papoulis and “Amazing Grace” by Tomlin and Giglio, and Mr. Gregory Smith, Mrs. LaWanda Lamar, Ms. Jessie "JJ" Lindor, Mrs. Mia Dukuly, Mrs. Phyllis Jenkins, Mr. Winston Clement, and Lt. Col. Dennis McGee’s closing remarks.

Children Participation

For this year's African-American/Black History Month, the children of FED helped us celebrate Diversity, Unity and Love. With volunteering parents, their children wrote a short poem or drew a picture of their interpretation and meaning of Diversity, Unity and Love. The children sharpened their pencils and did a great job.
See Who Shows Up at the 2019 Black History Month FED Event
COL Robert S. Mathews  CDR, 411th CSB
LTC Matthew W. Davis, XO, 411th CSB
SGM Keith Joseph Sr., Battalion Sergeant Major 906th CB
LTC Hughie E. Fewell, DOL, SOCKOR
LTC John S. Nolan, OPS, USFK

March Women’s History Month
The 2019 theme is “Visionary Women: Champions of Peace and Nonviolence.”

The Department of Defense 2019 Women’s History Month poster depicts a distressed grey-white background. Centered at the top in capitalized text is the observance’s title, “Women’s History Month” in orange letters.

Stretching upward in the bottom center are four outstretched hands in orange color reaching up the middle of the poster. A white dove is just above the fingertips flying upwards to the poster’s left, as if released from the hands. The right wing of the dove slightly covers the “O” in the word “Month.”

At the bottom center of the poster in white text and capitalized, “Champions of Peace & Nonviolence.”

At the bottom left corner is the Defense Equal Opportunity Management Institute (DEOMI) seal, a quick response code, and in smaller text the words, “Designed by DEOMI – Defense Equal Opportunity Management Institute.” At the bottom right corner are the Service seals for the Army, Marines, Navy, USAF, Coast Guard, and Department of Defense in consecutive order.
Safety Before Spring Season

Almost Spring, expect temperatures to fluctuate during the month of February to March as the average daily temperatures in South Korea range between a 11 °C to 3 °C (52°F to 38°F). Fluctuation of temperatures can affect your ability to stay warm or cool depending on the activity as well as changes in particulates in the air you breathe. Temperatures changes will also cause more thawing and cooling of the driving and work/walking surfaces in the early morning and late evening.

Air Quality Stay Informed

Air quality will fluctuate during throughout the year follow South Korean Air Quality Index on U.S. Army Garrison Humphreys (Camp Humphreys):

https://www.facebook.com/usaghumphreys/posts/10155263925873749

Did you know?

25% of all emergency room visits can be avoided with basic first aid and CPR certification.

Sudden cardiac arrest represents 13% of all workplace deaths.

75% of all out-of-hospital heart attacks happen at home.

LEARN FIRST AID/CPR

Project Site Safety & Office Safety (Inside)

Don’t overload electrical outlets and plug one high-wattage appliance in each outlet at a time.

Keep combustibles at least three feet from heat sources such as fireplace, heating coils and open stoves.

Do not create daisy chains inside office containers.

Project Site Safety & Housingkeeping (Outside)

Keep worksites secure at all times and prevent unauthorized access.

Keep construction waste and dunnage piles to a minimum.

Maintain collection cycle to prevent a refuse/garbage build-up at the worksite.

Maintain daily cleaning schedule of containers used office areas.