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Maj. Gen. Semonite visits FED

By Stephen Satkowski FED Public Affairs

aj. Gen. Todd T. Semonite, U.S. Army Corps of Engineers deputy commanding general and deputy chief of engineers, visited the Far East District March 4 and 5.

Semonite and Command Sgt. Maj. Karl J. Groninger toured projects at U.S. Army Garrison Humphreys and met with Republic of Korea Maj. Gen. Chung Joo-kyo, commander of the Ministry of National Defense Defense Installations Agency.

"I had a great meeting talking about some opportunities where we can partner together," said Semonite about his talk with Chung. "We as engineers build projects every single day but what we have to do as leaders is continue to build relationships and today we continued to solidify the great relationship between the Defense Installations Agency and the U.S. Army Corps of Engineers Far East District."

Semonite also met with Brig. Gen. Kang Chang-koo, Ministry of U.S. Forces Korea Relocation Office director.

During his visit he toured the hospital and ambulatory care center/

dental clinic and the U.S. Korea Command Operations Center project, part of the \$10.7 billion dollar Korea program relocation the U.S. Army Corps of Engineers Far East District continues to oversee.

At Osan Air Force Base Semonite viewed the second runway and enlisted housing quarters projects and held a town hall to interact with Soldiers and employees. He said it was eye-opening to see the dedication of district employees who are working on the Korea Relocation Program and other district missions.

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Maj. Gen. Todd T. Semonite, U.S. Army Corps of Engineers deputy commanding general and deputy chief of engineers, is presented with a souvenir from Republic of Korea Maj. Gen. Chung Jookyo, commander of the Ministry of National Defense Installations Agency.



Maj. Gen. Todd T. Semonite, U.S. Army Corps of Engineers deputy commanding general and deputy chief of engineers, tours the Far East District headquarters compound. (Photos by Stephen Satkowski)

FED strenthens ROK-US alliance



Members of the Far East District, Korea Water Resources Corporation and Korea Water Forum met March 19 to reestablish and update the existing memorandum of understanding designed to set a partnering framework for scientific and technical cooperation of water resource development and management between the U.S. Army Corps of Engineers and the two agencies. This was the third meeting between the district and the Korea water agencies. K-Water, as the corporation is more commonly known, is a Republic of Korea quasi-governmental agency founded in 1967 that implements national water resource management policies, controls regional water supply systems, and supplies water throughout the country. The non-profit Korea Water Forum serves as a think tank on water-related items and issues, promoting water sustainability. Pictured are, from left, Dr. Park Sang-young, Korea Water Forum executive director; Kim Sue-young, K-Water assistant manager; Allen Chin, Far East District previous chief of engineering; Jennifer Yoon, civil engineer and Corps of Engineers liaison to the 7th World Water Forum; Bong Yoo, special assistant to the engineering division chief; Yun Kyun, K-Water manager, and Dr. Cho Yong-deok, Korea Water Forum executive director. (FED file photo)



US Army Corps of Engineers ® Far East District

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Check out the Far East District web site at

www.pof.usace.army.mil

Maj. Gen. Semonite visits FED

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"I was very impressed with the people of the Far East District and their passion to be able to continue to deliver a very complicated project," said Semonite. "They are committed to do this right and that is impressive. I'm very appreciative of them and I think the reputation of the district is very well garnered and well-deserved."

"I came here to get situational awareness of what is happening on the ground," said Semonite. "I also came to make sure that headquarters staff supports what needs to be done out here."

Semonite said he will take back to U.S. Army Corps of Engineers headquarters how the entire district is working together to help make the Korean relocation program and the Far East District mission a success.

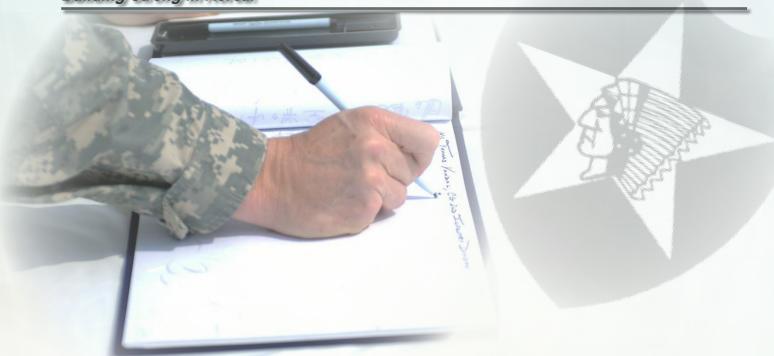
Semonite's tour of Korea was part of a visit that also brought him to the U.S. Army Corps of Engineers Japan District.

(right) Maj. Gen. Todd T. Semonite, U.S. Army Corps of Engineers deputy commanding general and deputy chief of engineers, sits with Republic of Korea Maj. Gen. Chung Joo-kyo, commander of the Ministry of National Defense Defense Installations Agency, at right, during a briefing at the agency's headquarters March 5.

(below) Maj. Gen. Todd T. Semonite, U.S. Army Corps of Engineers deputy commanding general and deputy chief of engineers, speaks during a town hall at U.S. Army Garrison Humphreys March 4. (Photos by Stephen Satkowski)



GATE EDITION



Ground broken for new 2ID headquarters in Humphreys expansion

A groundbreaking ceremony for the new 2nd Infantry Division headquarters building was held at U.S. Army Garrison Humphreys on April 7. Maj. Gen. Thomas Vandal, 2nd Infantry Division commander; Col. Bryan S. Green, U.S. Army Corps of Engineers Far East District commander, and other distinguished guests attended the event. The project includes an operations center, network operations center, and the 2nd Infantry Division parade field. (Photo courtesy of the 2nd Infantry Division)



Maj. Gen. Stevens visits FED

Maj. Gen. Rick Stevens, U.S. Army Corps of Engineers Pacific Ocean Division commander, visited the Republic of Korea, March 25-28. During his visit he toured the future hospital and dental clinic on U.S. Army Garrison Humphreys as well as other ongoing construction sites. He also took part in a rehearsal of concept drill with senior military leaders from the peninsula to discuss a variety of issues, including the transformation of U.S. forces in the Republic of Korea.



(left) Maj. Gen. Rick Stevens, Pacific Ocean Division commander met with Maj. Gen. Chung Joo-kyo (left), commander of the Ministry of National Defense Defense Installations Agency on March 26. Issues that were discussed during the meeting were the use of local construction materials and technology exchange between the Republic of Korea and U.S. Army Corps of Engineers. (Photo by MND-DIA)

(right) Michael P. Burke, a project engineer with the U.S. Army Corps of Engineers Far East District's Medical Resident Office, briefs Pacific Ocean Division commander Maj. Gen. Rick Stevens on progress at the site of the future hospital and dental clinic on USAG Humphreys March 26. (Photo by Yi Yong-un)



U.S. Army Corps of Engineers Pacific Ocean Division commander Maj. Gen. Rick Stevens met with Soldiers from Company C, 1st Brigade Special Troops Battalion, 1st Armored Brigade Combat Team, 2nd Infantry Division, March 28, during his visit to the Republic of Korea. The company's soldiers are sappers, combat engineers who support the front-line infantry troops. (Photo by Sgt. Maj. David Breitbach)

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EAST GATE EDITION

APRIL 2014

FED builds alliance with ROK engineers

Republic of Korea military engineers spent three weeks at the Far East District as part of the annual Ministry of National Defense exchange program. The program covered everything from U.S. construction codes, criteria and specifications to construction safety and a visit to the Korean Relocation Program at U.S. Army Garrison Humphreys. The program started March 17 and ran through April 4. (Photo by Jason Chudy)





A graduation ceremony for 11 Republic of Korea military engineers who participated in the annual Ministry of National Defense exchange program was held on April 4 at U.S. Army Corps of Engineers Far East District headquarters. The district commander Col. Bryan Green and Lt. Col. Kim Gi-wan, deputy of U.S. Forces Korea construction management division, Ministry of National Defense Defense Installations Agency presented certificates of completion to the participants. (Photo by Jason Chudy)

This month in FED History



US Army Corps of Engineers

Far East District

EAST GATE EDITION



SEOUL KOREA

Vol. II

No. 14

APRIL 1984

Osan Project is FED's largest one yet

Colonel Perrenot, Major General Rogers and several other officials broke ground April 6 on the largest single construction project in FED history. Construction of the \$19.2 million, 108,000 squarefoot composite medical facility/dental clinic for Osan Air Base will take more than three years and an unusually small funding reserve will require intense management by FED personnel.

Pacific Ocean Division personnel designed the facility, which is sited on a hillside with the majority of the structure below ground. It will allow more than 200 medical personnel to provide routine medical and dental care. In a peace time situation, it will offer 30 hospital beds and 26 dental chairs but will be expandable to 234 beds for wartime. The new facility will also be capable of immediate

conversion to resist either conventional or chemical attack.

The contractor, Poong Lim Industrial Company, Limited, sponsored the ground-breaking ceremony. In addition to Col. Perrenot and Maj. Gen. Rogers, Commander, US Air Forces, Korea, Mr. Lee, Pil Woong and Mr. Lee, Keun Se represented the contractor while Kisuk, "Charlie", Cheung and Everette Flanders represented the Pacific Ocean Division at the ceremony. Capt. Gregory Bergeret acted as master of ceremonies and presented a briefing on the facility. Col. Otis Jones, Commander of the Osan Hospital, also attended.

The current medical facility at Osan is 51,000 square feet in size and has only 15 beds. It has served the Osan com-



An artist's rendition shows what the Osan composite medical/dental facility will look like when it is completed in 1987.

munity since 1953 and has undergone many renovations and additions. In addition, administrative offices are in separate and scattered buildings. The new medical facility will correct this situation when it is completed in

August 1987. With Howard Elliott's Osan Resident Office providing the construction management, that deadline is bound to be met with a quality product.

Photos on Page 4

FED stressing construction quality

The Corps of Engineers' reputation for excellence in construction was not easily won and is not easily maintained.



Workmen for the Samdo Construction and Engineering Company are shown working on the Camp Hovey physical fitness center.

That is why Ed Tohill and his Construction Division staff are undertaking a new program aimed at improving FED construction quality control and quality assurance procedures.

The first step in the program is a series of workshops that will be held in May. The workshops will be held in both English and Korean and will center on the basic tenets of the Corps of Engineers Quality Control/Assurance system, including quality control plans, quality assurance plans, and three-step inspections. All members of the Construction Division will participate in at least one of the workshops. The dates for the workshops are as follows: May 15th with members of the Korea Military Contractors' Association, May 16th and 17th with Northern Area Office personnel and May 22nd and 23rd with Southern Area Office personnel.

Presented in English and Korean

During the workshops, personnel in the Construction Division with specific experience with each discussion topic will give presentations on those topics. Each presenter will be responsibe for appointing a Korean-speaking counterpart to give the Korean version of the presentation. Participants will be encouraged to ask questions and discuss each particular subject.

Workshops and more

Hopefully, the workshops will insure that all FED construction pesonnel and contractor personnel are familiar with the construction quality system that has resulted in the many well-constructed structures the Corps is proud to say it has built. But this improvement program does not stop here. There will be a number of follow-on workshops that will deal with the technical aspects of the various construction techniques and random inspections by Construction Division managers will insure that field personnel and contractors are performing and documenting the various actions that are called for in the quality control and quality assurance plans.

It is in programs such as this one that FED demonstrates its committment to quality construction. Only with continuous attention to the details of our quality control/assurance system can we continue to provide excellent support to the U.S. Forces in Korea.

RM Corner: It's your money! Travel Guidance

FAR EAST DISTRICT TRAVEL BULLETIN

INFORMATION FOR TRAVELERS and APPROVING OFFICIALS

- All travel compensatory time must be requested and approved in advance using ENG Form 6032. An employee's travel itinerary and worksheet must be attached to the ENG Form 6032 request. Travel compensatory time includes all time in between departure and arrival, including transportation to/from terminal and reasonable wait times. Normal home-to-work/work-to-home commuting time must be deducted from creditable travel time if the employee is required to travel between home and the transportation terminal (for example, an airport or train station) outside the limits of the employee's official duty station. Employees that experience an unusually long wait prior to his or her initial departure or between actual periods of travel during which the employee is free to rest, sleep, or otherwise use the time for his or her own purposes, this extended waiting time that is outside the employee's regular working hours is not creditable time in a travel status. The link to the Travel compensatory time request form and worksheet can be found on the RM SharePoint.
- Travelers must use good judgment when incurring official travel-related expenses, as if traveling on their personal money (Joint Federal Travel Regulation, paragraph U2000/Joint Travel Regulation, paragraph C2000.) Tips for taxicabs and airport limousines fares should be limited to 15 percent of the fare. Also, fees or tips for handling government property are separately reimbursable. Tips for handling property should be stated on the travel orders. The travel settlement voucher must include a statement that the traveler was transporting government property. Tips to maids, waiters/waitresses, bellhops, valets and any other personal service tips are not separately reimbursable. These tips are included in the meals and incidental expenses portion of the travel order.

TIPS FOR TRAVELERS CORNER Did you know...



- <u>Korean National Insurance</u>: U.S. Forces Korea requires Korean national employees to purchase "traveler's medical insurance" before departing Korea. Korean National Health Insurance does not cover injuries or illnesses while TDY outside Korea. Travel orders should specify this authorization. Employees should purchase the least costly plan for the number of days of their TDY.
- Government Travel Credit Card: Government travel credit cardholders are required by the Department of Defense policy to pay for all costs related to official government travel on the government travel credit card. Travel expenses for Korean national personnel traveling in support of official DoD sponsored programs or activities may be placed on a commercially billed account.



EEO CORNER

"Confronting the Holocaust: American Responses"

FED Equal Employment Opportunity

or a week in April, the U.S. Army Corps of Engineers Far East District looks back at the lives lost and changed by the Holocaust for the Days of Remembrance. Congress established the Days of Remembrance as the nation's annual commemoration of the Holocaust and created the United States Holocaust memorial museum as a permanent living memorial to the victims. Holocaust remembrance week is April 27- May 4. The theme designated by the Museum for the 2014 observance is "Confronting the Holocaust: American Responses."

"This year's Days of Remembrance theme explores America's response to two pivotal points in Holocaust history: The spring 1939 refugee crisis and the deportation of Hungarian Jews five years later," says Kristine Donly, the museum's director of national planning. "This year also marks the 20th anniversary of the Rwandan genocide. These events cause us to reflect on America's actions during the Holocaust and how we should respond to genocide today."

Below is a link to the video "Why we remember the Holocaust." This video describes the Holocaust, Days of Remembrance, and why we as a nation remember these events.

http://www.ushmm.org/remember/days-of-remembrance/about-days-of-remembrance/why-we-remember-the-holocaust

Confronting the Holocaust AMERICAN RESPONSES



Jewish refugees board the MS St. Louis in Hamburg, Germany, in May 1939, bound for safe haven in Cuba. Upon arrival, the passengers were not allowed to disembark, and the ship eventually returned to Europe after permission was denied to enter the United States. Collection of Walter Karliner, Museum of Jewish Heritage—A Living Memorial to the Holocaust, New York



Building <mark>Safety Strong</mark> ARMY SAFE IS ARMY STRONG

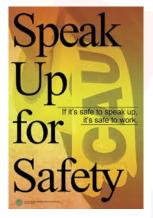


Accident and Near Miss Reporting

Highlights

- Definitions
- Leading Indicators
- Lagging Indicators
- Who Reports
- How to Report





USACE FED Safety Office Contact Information

DSN: 721-7288 / 7114 / 7385 / 7670

753-5591 / 5590

COMM: 050-33 + Last 6 digits Accident reporting is getting better within FED, but that is only half of what is required. Near miss reporting is much more valuable information and is also required to be reported. Do your part! Don't analyze, just report!

Army accident— An unplanned event, or series of events, which results in occupational illness, injury, or damage to Army property.

Near miss— A potentially serious accident or incident that could have resulted in personal injury, death, or property damage, damage to the environment and/or illness but did not occur due to one or more factors.

<u>Leading indicators</u> are the most valuable information safety can receive. This information is used to prevent future accidents. Without near miss reporting, your safety office has no data for accident prevention.

<u>Lagging indicators</u> are achieved at a very high cost to FED. This information is obtained after an accident has occurred. Far too often we think reactively instead of proactively.



Who Reports EVERYONE AT ALL LEVELS!

How to Report

Notify a supervisor and/or the FED Safety Office. Formal notification is not necessary. We accept e-mails, phone calls, or drop by our office anytime. There is no such thing as too much information. Do not try an analyze if something should be reported, that's our job. We care about FED employees and we want to prevent injuries not just report our failures.

REPORTING IS PREVENTING

UNION SPOTLIGHT

Origin of dried seaweed

ried seaweed, seaweed, kelp and other types of edible marine plants are mainly consumed only in Korea, Japan and a few cities in China. Today, we would like to introduce you to one of Korea's representative dish "gim, dried seaweed."

1. Origin of gim

The first recorded history of gim being used as food was in the Memorabilia of the Three Kingdoms, a collection of myths, anecdotes, and short stories from ancient Korea. Later in a geographic book, it was written that the name "gim" was derived from Kim Yo-ik's last name "Kim" from 1650 who came up with the method to culture seaweed. In 1640, while Kim was living in Jeollanamdo Kwangyang near sea, he saw seaweed that

was among the rocks and trees. He collected them and ate it. Finding this tasteful, he used branches to collect more seaweed in the ocean, and that is how the method of culturing seaweed came about.

- 2. How to distinguish good gim
- Should have few holes or spaces.
- The glossier and darker it is, the higher the quality.
- Light green laver should not be added so much.
- Right thickness will make it have a deeper aromatic flavor.
- When roasted, high quality gim will show dark green color.
 - 3. Health benefits of gim
- Contains abundant sources of vitamin A which helps prevent blurred

vision and night blindness.

- Contains highest level of taurine amongst food which prevents Alzheimer's, strengthens liver, and also high in protein, iron, calcium and other minerals.
- Contains abundant sources of iodine that helps with hair loss, thyroid and skin infection.
- Contains fucoidan which boosts immune system and also increases cell activity four to five times more to fight cancer cells.
- Contains carrageenan, a water soluble dietary fiber, which is believed to help you lose weight.
- Contains carotene, which is believed to help prevent colds.

Readers! Stay healthy this year by eating gim, a food for our well being.

<u>'김'의유래</u>

미역 다시마 등 해조류를 식용으로 하는 국가는 한국과 일본 그리고 중국의 일부가 전부라고 할 정도입니다. 오늘은 한국의 대표적인 식품인 김에 대하여 소개합니다.

1. 김의 유래

김을 식용으로 한 최초의 이야기가 삼국유사에 남아있고, 이후 동국여지승람에서는 전라남도 광양의 '김여익'이 1650년 경 양식법을 창안해 보급했으며 이때 김여익의 성을 따 명명됐다고 한다. 김양식법 창시자 김여익은 1640년 전라남도 광양에 정착하여 살던 중에 바닷가에서 돌이나 나무에 붙어 자라는 바다 풀을 따서 먹었는데 맛이 있어 그 후 나무 가지를 이용하여 그 바다 풀이 많이 붙게 하였는데 이것이 김 양식의 시발점이라 한다.

- 2. 좋은 김의 감별
- 잡티가 적어야 한다.
- 빛깔은 검고 광택이 많이 날수록 상품이다.
- 연녹색 색깔을 내는 파래가 적어야 한다.
- 얇으면서도 질겨야 고소한 맛이 진하다.

- 구울 때 청록색의 빛깔이 나는 것이 상품이다.

3. 김의 효능

- 비타민A가 풍부하게 함유되어 있어 시력저하예방과 야맹 증의 증상을 환하해준다.
- 타우린 함량이 식품중 최고 수준이어서 치매예방과 간을 강화시켜주며, 단백질, 철분, 칼슘등 각종 미네랄이 포함하고 있다
- 요오드성분이 풍부하게 함유되어 있어 탈모, 갑상선질환, 피부질환 예방에 효과적이다.
- 포미란 성분이 인체의 면역력을 증가시켜주고 종양세포를 파괴하는 능력을 4~5배 중가시켜 암예방에 효과적이다.
- '카라기난'이라는 수용성 식이섬유가 답즘산의 합성을 막 아주어 다이어트에 효과적이다.
- 비타민A의 모체인 '카로틴'이 함유되어 있어 감기예방에 매우 효과적이다.

여러분들도 건강 웰빙 식품인 김을 자주 드시어 금년 2014년도 더욱 건강하게 보내시길 바랍니다.

From the commander:

Thank you for doing GREAT things:

Congratulations to these employees who were recognized for their hard work and dedication!



Chon Sang-kon Engineering Commander's Award



Khadijah Freeman Information Management Achievement Medal for Civilian Service



Yun Yong-han Engineering 10 Years of Service Award



Kwon Po-song Logistics Management 15 Years of Service Award



Yi Hye-kyong
Engineering
15 Years of Service Award

APRIL 2014



Yi Won-young Engineering 15 Years of Service Award



Pak Chong-hye Engineering 20 Years of Service Award



Bae Min Korea Program Relocation 20 Years of Service Award



Wang Hui-chan Engineering 30 Years of Service Award



Samuel Adkins Engineering 40 Years of Service Award





Thomas J. Larkin (above) and Greg H. Reiff from Construction Division U.S. Army Corps of Engineers Far East District, were each awarded a Bronze de Fleury Medal. The de Fleury award is given to recognize superior service to the Engineer Regiment. Thank you for your service!





Edward Pak Construction Came from Yokota Air Force Base, Japan



Karl Hatala Construction Came from Eighth Army, Yongsan



Sin Yong-ung Engineering Came from 1st Signal, Yongsan



Staff Sgt. Roy Tongue Construction Came from 316 Engineer Company, Tenn.





Benjamin Mahaffey Korea Program Relocation Resigned



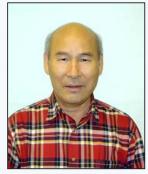
Chon Sang-kon Engineering Retired



Dawn Harrision Construction Transferred to Texas



Johnson Ettang Engineering Transferred to Fort Sill, Okla.



Kim Pyong-sop Engineering Retired



Lou Pastrana Resource Management Transferred to Norfolk, Va.



Matthew Harris Engineering Transferred to Japan

