New Kunsan Resident Office dedicated

The staff at Kunsan is moving into their new office courtesy of the Air Force Red Horse who constructed the new facility for FED. Participants in the ribbon cutting included Col. Boone, FED Commander, and the staff of the Kunsan office. The new modern building replaces the existing office and includes a Laboratory in addition to much more office space.

Six employees with more than 180 years service to FED celebrate 30th Organization Day June 19. (L-R) Han Kyong Won (Motor Pool), Choe Yong Ok (Program Support), Yi Chong Hwan (Survey), Col. Howard Boone, Hong Sun Man (Construction Contract), Yi Chun Man (Survey) and Kim Pong Chun (Motor Pool).

Col. Howard Boone (left) receives the key to the new resident office from Chief Master Sergeant John Kaluski, Chief of Components, Red Horse at Kunsan Air Base, while John Jacobson, Resident Engineer looks on.

Kunsan Resident Office employees.

Taegu RO finishes 19th Support Command Headquarters

by David C. Beaty SAO

The 19th Support Command, located at Camp Henry, relinquished their residency in an old Japanese School building on 12 June. On the same date they moved into their newly completed Command and Control Facility. The event was commemorated by a ribbon cutting ceremony at which the guest speaker was MG Hardin L. Olson Jr., Deputy Commander/Chief of Staff of the Eighth United States Army. BG Herman Kammer Jr., Commanding General of The 19TH Support Command, also hosted numerous other dignitaries such as Mr. Park, Bae-Keun, Mayor of Taegu; Mr. Kim, Hong-Shik, President of the Taegu Chamber of Commerce, COL Howard E. Boone, Commander of the Far East District Corps Of Engineers, and Mr. Choi, Yong-Kwon, President of Samwhan Corporation.

(Continued on page 3)
Commander's corner

I would like to thank everyone for the tremendous turn-out we had for the FED 30th Birthday celebration. It was obviously a well planned affair, which required the unselfish dedication of time and energy of many of the FED family for preparation and execution. I think we all owe those folks on the Morale and Welfare Committee and all the other volunteers a hearty "Well Done and Thank You!. It was a good beginning for FED's next thirty years.

When we started the year in 1987, I published that one of my personal goals was to get us as an organization to improve in two vital areas: documentation and staff work. As I do my mid-year review I thought it appropriate to assess our progress. In both areas I have seen some significant improvement, but there still appear to be significant mountains to scale. Documentation is a tool which protects our faulty memories, prevents iterations of the same task, and aids in the efficient transfer of work from one person to the next. The latter is an extremely important requirement in FED, because of our high personal turbulence in this short tour environment. I have begun to see some excellent documentation in various efforts such as Dragon Hill, R401, Volatic, trip reports and the Host Nation program -- just to name a few. In other cases I get the impression that some think documentation equates to maintaining volumes of paper, so difficult to organize that we cannot find what we need anyway. Stress brevity. Learn to summarize several paragraphs or several actions in one or two sentences. Learn to pick out the key elements have a difference of opinion; the key is to get it to the decision maker. The decision makers get paid to make the tough choices. Lets give them the information to do that in a timely fashion.

BUILD FOR PEACE!

SUPPORT YOUR MORALE FUND

The Morale Support Committee again has FED Key Chains ($3.00), Coins ($1.50), Belt Buckles ($4.00), and Paper Weights ($3.00) on sale. These make great gifts for departing members of the FED family and they are inexpensive.

CONGRATULATIONS

A message of congratulations was received from BG Robert T. Ryan, Commanding General, POD. The message praised all concerned for the quality HOSPITAL project that FED supplied to the USAF. In his brief message BG Ryan stated "we are all proud of the accomplishments of the FED team. I rest assured that you will continue to build on your many successes, the Osan HOSPITAL certainly sets the standards."

In a separate letter of appreciation, the Commander thanked the entire staff of FED for the excellent arrangements and high quality assistance during his recent visit to FED. Gen Ryan said, "It is clear that you and your command have been placing very effective emphasis on improving the quality of your support to YOUR CUSTOMERS."

This was evident both from the attitude of the FED personnel that I met as well as from the comments provided by the commanders that you support. As the result of efforts by yourself, your senior managers, and the entire FED staff, the spirit of dedicated support to Customer Care was very evident. This same spirit is building improved relationships with the customers you support." "All FED personnel should share in the pride of their achievement", Gen Ryan further stated, "I urge you to continue to lead the way to even greater improvement."

The committee apologizes for running out of these items on Organization Day, if you'd like one or more of these, please call Mike Naples at 2917-489 or CPT David Wells at 2917-448/531.

Humphreys gets new med/dental facility

By CPT James F. Younger

If you watch TV, you know that the 43rd MASH (The unit the 407th of "MASH" fame was based on) worked out of tents during the Korean War. Since then, they have treated patients in Quonset huts and other inadequate facilities at Camp Humphreys. Now, thanks to the Far East District and Miryung Construction Company, the 43rd MASH has a new $3 million Health/Dental Clinic from which to provide the "Best Care Anywhere". The facility was officially opened in a ribbon-cutting ceremony on June 12th attended by BG Herman C. Kammer, Jr., Commanding General of 19th Support Group.

Miryung started the two-phase project on 10 September with construction of a two-story, 34,000 square foot addition to the existing clinic. The addition included a clinic for the 655th Dental Detachment, emergency treatment facilities, supply and administrative areas, and an ambulance garage. The new facilities were accepted by the unit and the post DEH on 15 December 1986, and the unit was completely moved in by mid-January. The contractor also transformed the post Class VI store into a temporary clinic. This allowed the MASH to continue to provide first-class care while Miryung began the second phase of construction, the complete renovation of the old dispensary.

"Coordination and communication were extremely important on this project", said Mr. Kang, Ho-Mon of FED's Humphreys Project Office. "We had to meet the MASH's operational needs and implement guidance we received from the Health Facilities Planning Agency, while keeping the contractor on schedule and producing a high quality facility. We were successful in reducing inconvenience to the using unit, responding to changing medical facility requirements, and still bringing the project in on time." The completed facility was accepted by the DEH on May 22nd, 25 days ahead of schedule. The MASH was completely moved in to their new home by May 29th.

The ribbon-cutting ceremony on the 12th began with a project description by Mr. Ku, Chu-So, the general engineer at the Humphreys office. Following brief remarks by Col D.M. Tsoulas, 18th MEDCOM, and Col Norman J. Davis, Commander of the 23rd Support Group and Camp Humphreys, BG Kammer focused on the importance of the new facility in increasing the MASH's ability to perform its mission providing quality health care to USFK soldiers and dependents. After the traditional ribbon-cutting ceremony, BG Kammer inspected the new clinic.

Capt Brian DiCiancia, 43rd MASH supply officer stated that the new clinic greatly enhanced the unit's ability to serve the Camp Humphreys community. "we now have everything, clinics, administration, and supply under one roof. This allows increased control and coordination. The additional x-ray, lab, emergency treatment, and supply capabilities we now have will significantly improve the quality of care we can provide."

19th Support Command

(From page 1)

The occasion was especially notable for the contractor in that the project earned the "Far East District Certificate of Construction Excellence Award." The award defines excellence and is not routinely achieved. It is a statement of appreciation to Samwhan Corporation for a job well done. COL Boone noted in his presentation remarks that, "It's not the size of the project that determines it, it's how well that particular organization does to leap beyond the average performance in terms of accomplishing FED's goal of Quality Construction, Safety Completed on Time."

The facility, termed a "beautiful edifice" by MG Olson, is a two story centrally heated and air-conditioned CMU structure with exterior insulation wall system and sloped steel panel roof. The 58,000 square feet of floor space is segmented into 94 rooms and offices, and includes an impressively functional main conference room and Commanding Area. Completed 20 days ahead of the scheduled completion date, the project is exemplary as to coordination between the Taegu Resident Officers' QAR, Mr. Chon, Chae-Sok, and Samwhan Project Manager, Mr. Kim, Duck-Yong. The extraordinary efforts of these two individuals complemented by support from the Area and Resident Offices produced a quality project. The 19th Support Command has a new, efficient facility which will aid in their mission. As BG Kammer remarked, "a Headquarters dedicated to peace and security."
New ration control limits effective July 1

U.S. Forces Korea has approved changes to the Ration Control System that will allow patrons of USFK sales facilities more purchasing power. These changes came after an indepth study which indicated a need to remove limits from some items and increase dollar spending limits.

As of July 1st, the family dollar limit for one will increase from $320 to $500, a family of two, the limit will go from $470 to $700 and so on. (See Chart at bottom for complete listing."

In addition there will be no limit on Mayonnaise, Miracle Whip, and coffee, although there may be limits imposed by store managers where shortages exist. Gasoline will also be unlimited, although ration cards will be checked for the privilege to purchase gasoline.

There will be no change in the alcoholic and cigarette purchase ration, it will remain as before. Another important change is that purchases less than $5 will not count against your dollar limit, in other words a purchase of $4.99 will not count against your dollar limit. There are other changes that effect.

USFK officials emphasized that they are loosening limits to improve the quality of life for servicemembers in Korea.

FAM SZE OLD LIM NEW LIM
1 $320 $500
2 470 700
3 580 800
4 725 900
5 835 1000
6 915 1200
7+ 980 1200

For further information check with your Ration Control Office.

Heroes in the trenches

Mr. Samuel S. Yang
Project Manager (PM) in Combined Defense Engineering Section for his work with the 7th Air Force in negotiatings with Korea National Housing Corporation for Family Housing at Osan Air Base.

Mrs. Carleen Barvinchak
For her efforts toward developing and maintaining Construction Division's personnel data base. Also for organizing the support meeting room, viral aid ,photographer, for Construction Division's Customer Care Conference.

Ms. Choe, Si-Cha
For her efforts toward developing and maintaining Construction Division's Construc

tor data base, and for her positive and pleasant attitude in dealing with the pressures of her job.

Ms. Yi, Chae-Sun
An individual at the Southern Area Office who always does what is necessary in order to get the job done. She types contracts, invoices and technical in a professional manner at all times.

MSG Jimnale L. Walden
The QAR Representative for 2 contracts Market, RTC-0006 & RTC-0016. When he encountered a material which caused a skin irritation, MSG Walden shaved his head to alleviate the problem and kept right on working.

MORE HEROES NEXT MONTH

Coping with stress

By Lt. Col. Don Krieger

Resolution of the stress can be done - although we often see it as insurmountable or "others have control" or some such statement. Resolution does not mean that the stresses go away - rather, it means that we develop the means to decrease or cope with the stress and through that coping (and, of course, the appropriate action) we will be able to reduce our stress level, become more productive, and be better off in our personal and professional relationships. There are many examples of "resolution actions" we may take:

Resolution of an ever-increasing stack of papers in the in-box may be to examine the management practices within your office or your own work habits to see if there is something that can be done to "even out" that stack of papers - perhaps reallocating some of the work during periods of exceptionally high workload may be the answer. Again, to look for a resolution - constructively - is a way in which we can begin to reduce the stress level. A resolution of your child's academic failure in Chemistry may be to increase your time with the child to assist their studying (or, if your chemistry skills are not "up to speed", obtain a tutor from the school!). Once we have recognized we are approaching our stress limit - we merely have to conduct a "problem solving" exercise. That may also take the help of our co-workers or friends or loved ones. In many cases, by merely sharing your frustrations with a close friend or your loved ones or even raising an office issue to your supervisor, you are beginning to resolve the stress! While there are no magical answers in the Resolution Phase of this process, it is a method for managing the stress! Lastly, the third "R" is something called "Relaxation". This means exactly what it says! Humankind lives in an exceptionally complex, mobile and pressure-filled society - we spend a great amount of time at our place of work and precious little time pursuing those things which WE REALLY WANT or ENJOY doing outside of our workplace. Relaxation may take the form of strenuous physical exercise; participating in some sports event; playing a challenging round of chess or bridge; reading; walking, photography; writing or a myriad of actions or activities. It may be sitting in a comfortable room, listening to music and sipping a hot cup of tea! Relaxation has often been said to be one of the major keys to stress management and "life management" as well. It is often the hardest of the "R's" to accomplish! Through use of this final, "R", we can go far in coping with and "managing" stress!

This article does not pretend to offer the ultimate solution to everyone's stress management dilemmas - but it is a starting point and one which will allow you to improve your efforts to manage the stress and not have the stress manage you. Your local library contains many excellent books and publications concerning the management of stress and what YOU can do for YOURSELF and others. Your health care facility can also be of great assistance - but YOU must take the first step! Remember that YOU should and can manage stress and your reaction to stress! YOU are the one about whom we are concerned - FOR YOUR GOOD HEALTH!
Welcome new FED faces

Capt. Paul Roege, Deputy Taegu Resident Engineer.

Yi Yong Kum, Clerk Typist, Kunsan Resident Office.

SFC Bruce Anderson, FED Motor Sergeant.

Joyce Ramirez, Clerk Typist, Office Engineering Branch.

Abner Williams, Chief of Foundations and Materials Branch.

Doris Wu, Accounting Technician, Finance and Accounting Branch.

Erwin Knepper, QAR, Camp Casey Project Office.

Kang In Wha, Clerk, Office Engineering Branch.

James McBane, Civil Engineer, Foundations and Materials Branch.

Ham Chong Sun, Accounting Technician, Finance and Accounting Branch.

SFC Larry Aldridge, NCOIC, Supply Branch.

Yi Mi Suk, Budget Analyst, Logistics Management Office.

Understanding Korean culture
Organization Day '87
Safety Officer lectures at Kyonggi University

On behalf of Lee, Tong-Hui, PHD, President of National Kyonggi Open University, Professor Kim, Yong-Soo, department head for the School of Industrial Safety Engineering, presented plaques to Col Howard E. Boone, District Engineer, Far East District, and Mr. Samuel G Testerman, Chief of Safety and Occupational Health. The awards were for a week-end lecture Mr. Testerman presented to students at the university on 30th May 1987. At the request of the university Mr. Testerman gave a lecture, slide show presentation, and demonstrations of safety engineering concepts as applied to construction sites. The plaques were given in appreciation for the presentation.
Do You Know?

Daily ritual aboard U.S. Navy ships that was abolished by law on Sept. 1, 1862:

Liquor ration

Category of officer that exists in all services except the Air Force:

Warrant officer

Marine Corps pilot who shot down an enemy aircraft in the first all-jet night combat:

(Korea, Nov. 3, 1952)

Union general whose family called him "Cump" because they had difficulty pronouncing his middle name:

William Tecumseh Sherman

Gem thought by occultists to preserve a person from drunkenness:

Amethyst

Person who built the first successful unmanned, heavier-than-air flying machine, which flew 4,200 feet over the Potomac River in 1896 (powered by a steam engine):

Samuel Pierpont Langley

SUNG AE WON NEWS

by Choi, Un-Sook

We are vaguely reminded that someone once said, "memories will be left even if the time and tide flow." The Little Angels on the hill at Sung Ae Won hope that once again they could have the same kind of days. Like the day when we went on a picnic with our FED Aunts and Uncles at Seoul Grand Park in May of last year.

One small Angel seriously prays in the church. Small yellow lights look more beautiful there in that surrounding. The little child's prayer is like this: "Thank you, God that we spent today healthy because of your care. Please forgive the mistakes of our friends. If you love us, help us get a chance to go on another picnic to Seoul Grand Park. Help us go to be peacefully. We pray in your name, Amen."

How very beautiful and pretty! The face who prays for the love from and attention given them by the FED family last year. It's July already! After school terminal examinations, we will have a summer vacation. We wish to have a joyful, exciting and worthwhile time. Many will long to see and visit the ocean. The hot and humid weather probably will compel us to hug a large rock of ice in an attempt to cool ourselves. However, Angels on the hill at Sung Ae Won are always happy, because vacation time is coming soon.

(Editors Note: School Vacation starts July 18th)
가용 연료

'파도'라는 이름의 가용 연료는 태양광, 바람, 동식물, 풍력, 수력 등 다양한 자연 에너지를 이용하여 생산될 수 있습니다. '파도'는 이 모든 가지 에너지의 결합체로, 고시오의 균형이 이루어지도록 한다. 더욱이, '파도'는 다른 가용 연료를 균형 있게 사용하여, 모두를 이용해 태양광, 바람, 동식물, 풍력, 수력 등 다양한 에너지를 균형 있게 사용해 나가고 있다.
문서의 내용을 추론할 수 없습니다.
180년간을 FED와 함께

FED와 함께 모두 180년이상을 근무한 직원들이 제30주년 창단기념일이 축하하고 있다. (좌로부터) 한 경원(수송부), 최영숙(개혁지원과), 이종한(측량과), 하위덕 무사령관, 홍순만(건축계약과), 이춘만(측량과) 김봉주(수송부).

FED모범근무자

Samuel Yang.
연합병위계관리사로 제30주년을 맞이한 FED는 7월 16일을 기념하고 있다. 이날 공식경례식이 열리며, 그동안 FED에서 근무한 74명의 사원이 표창을 받았다. 이들 중 180년간을 함께한 12명의 사원 모두 المح煉과, 원고의 우수성을 인정받았다.

Carleen Barvinchak.
별명 '별명'이라 불리는 Carleen Barvinchak은 FED에서 18년간을 근무한 사원이다. 그녀의 업적은 FED의 성공에 기여하고 있다.

Jimmie Walden 사장.
Jimmie Walden 사장은 18년간을 FED에서 근무한 사원들에게 감사의 인사를 전했다. 그는 그들의 업적과 도움에 대한 격려로 이들에 대한 존중을 표현하였다.

FED수상자

전인철, 24년간 근무한 5월 31일 운전사, Harvey Robinson, 20년 운수, 엽용관, 20년 운수, Nancy Tullis, 15년 근속, Robert Lessey, 10년 운수, Frederick Schumacher, 10년 근속, David Young, 10년 운수, 나무군, 10년 운수, 박순군, 10년 운수, Martha Sherman, 최우수 근무상.