

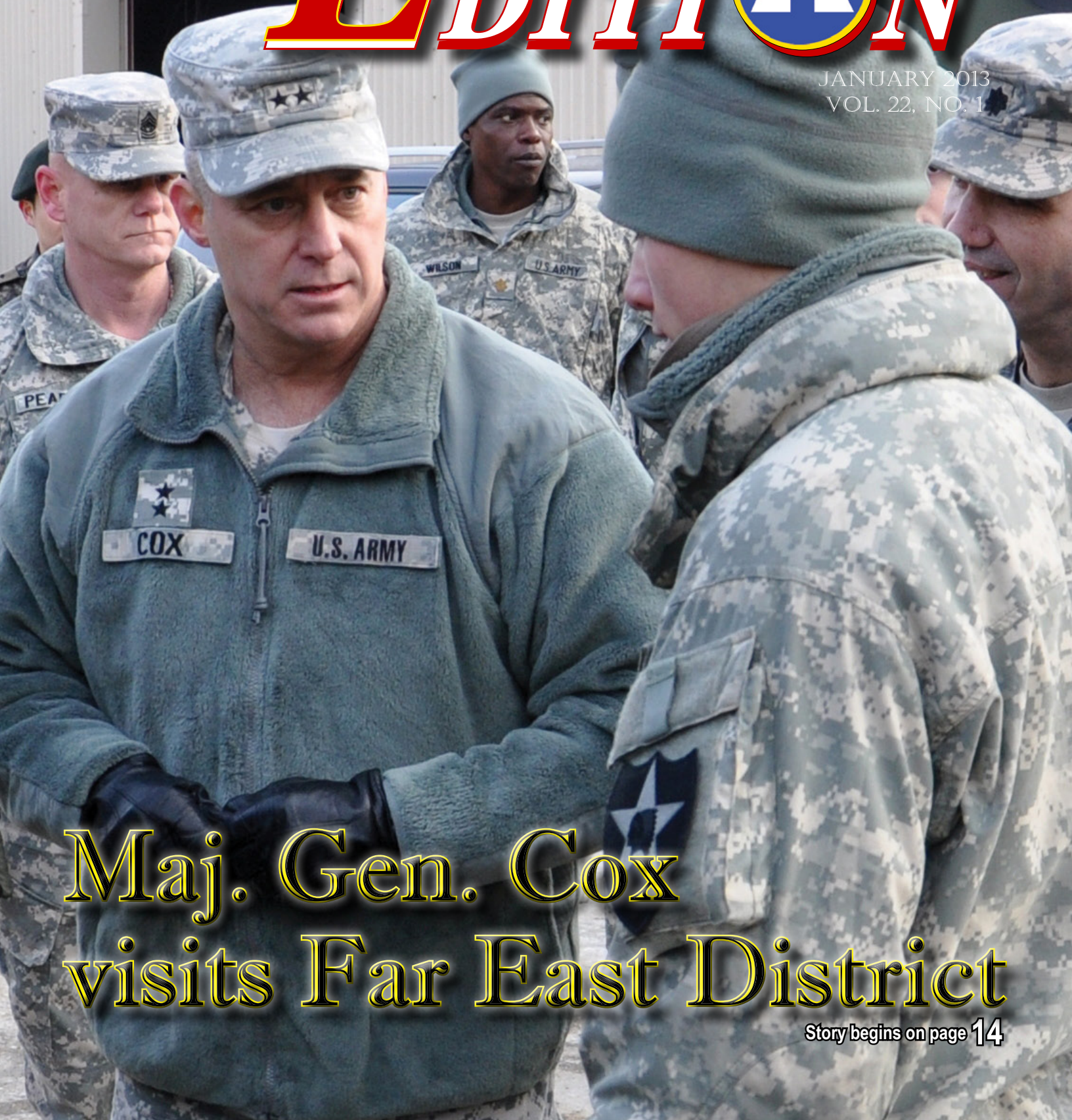


US Army Corps
of Engineers®
Far East District

EAST GATE EDITION



JANUARY 2013
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Maj. Gen. Cox visits Far East District

Story begins on page 14

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**US Army Corps
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Far East District**

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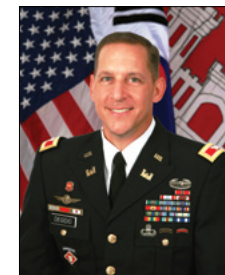
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On the cover



Maj. Gen. Kendall Cox, U.S. Army Corps of Engineers deputy commanding general for military and international operations, speaks with a soldier from the 2nd Infantry Sapper Company Jan. 8, during Cox's visit to the Republic of Korea. (Photo by Patrick Bray)



Col. Donald E. Degidio, Jr.

Commander's Corner

To the Great Team of the Far East District and our entire Team of Teams,

The first month of the new year is now behind us and we're off to a fantastic start!

This month, we celebrated Dr. Martin Luther King, Jr. Day, honoring his legacy of non-violent social change and the practice of equality among peoples. Here in Korea we are so very fortunate to have a diverse workforce – one in which our host-nation employees play a crucial role.

Our district's commitment to diversity enhances our perspective, our point of view, and our ability to provide our customers and stakeholders with the highest level of distinctive service. Our diversity initiatives and strategies are designed to attract, develop, and advance the most talented individuals regardless of their demographic background.

Beginning this new year we also held our district's annual training on the Yongsan Garrison south post. I want to thank everyone for their diligence and dedication to ensure we remain mission ready to meet the needs of United States Forces Korea. And you did a fantastic job – thank you!

Looking back early in the month, we welcomed Maj. Gen. Ken Cox, the USACE deputy commanding general for military and international operations, for a three-day visit early in January.

He met with Army leadership, our great 2nd Infantry Division sappers at Camp Hovey, and received a tour of, and update brief on, construction at U.S. Army Garrison Humphreys. This was his third visit to Korea in the past six months, showing the important role we serve in the greater USACE team.

I also had the opportunity this month to update Under Secretary of the Army Joseph W. Westphal on U.S. Army Garrison Humphreys Army family housing, and show him our construction projects there.

In the coming few weeks Maj. Gen. Todd Semonite, deputy commanding general and deputy chief of engineers, will also visit the Republic of Korea. The work we do here is important to our Army's and nation's leadership, and visits like these highlight the great work we're doing.

With this importance of mission in mind, I want to reiterate two things Maj. Gen. Cox focused on during the Castle Call: safety and excellence.

He said that no project, no requirement, no mission is so important that we sacrifice safety. It is, as he said, our inherent responsibility to take care of our employees, and this goes from me as commander at the top to each and every employee or contractor in the district. We are all responsible for safety, and we owe it to our nation and ourselves, to focus on safety.

Maj. Gen. Cox also said that the U.S. Army Corps of Engineers has set a standard for construction worldwide, and that standard is excellence. I will echo his call that we never waiver on this standard. It ties hand-in-hand with safety – every aspect of our work needs to be done with excellence in mind.

So, let's have a safe and successful 2013!

To our great Alliance – Katchi Kapsida!

To our great Corps – Essayons!

One Team Building Strong® in Korea!



"Like" us on Facebook

www.facebook.com/USACE.FED.Korea



Force readiness: training our personnel collectively and online

By Rodney Sanders
FED Security, Plans, and Operations

One of commander's key responsibilities is ensuring the organization is capable of accomplishing its mission.

To ensure the mission is met, the commander must also ensure the organization complies with Department of Defense, Army and U.S. Army Corps of Engineers priorities, values and regulatory policies.

In our case we are specifically talking about DoD directives, Army Regulation 350-1 and the USACE annual training guidance.

One way of meeting this challenge is to implement a viable training program that results in a combat-ready organization, with personnel who are physically capable and have the knowledge and skills required to the job done.

In the Far East District we train constantly throughout the year, but we also set aside time in January for a district-wide mandatory training program.



The first part of this program includes Soldiers and employees completing specific computer-based training. These requirements range from courses on computer security to combating human trafficking.


We also set aside a day to train together as a unit, and for this year was done on Jan. 28. This has much of the same focus as the individual computer-based training, but is more interactive and includes the organization as a whole.

At the end of day, the unit has met most of the DoD and Army regulatory training requirements. Although these take care of most, district personnel will continue to train throughout the year.

But, the district is constantly training. Other annual training includes exercises Key Resolve, which is generally in the spring, and Ulchi Freedom Guardian, which is run during the late summer.

Participation in these exercises allows our commander to assess our ability to execute the district's mission essential task list - the tasks the unit must execute to accomplish its mission during war.

Our Soldiers and civilians also train on selected "warrior training tasks" – Soldier skills – during the year as required by the Army and U.S. Forces Korea. The command also supports the professional development of our Soldiers and Civilians, providing opportunities for formal classroom training at military and civilian institutions.

Clearly whether it is individual, unit or other training, our Soldiers and Civilians are constantly working to get the skills to accomplish the mission. 

Read more about *Training* on page 7

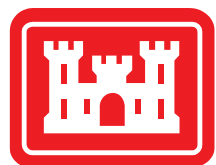


(Above) Members of the U.S. Army Corps of Engineers Far East District voluntarily take advantage of a training opportunity to enhance technical skills. The district constantly trains through out the year, but time is set aside specifically in January to complete all mandatory training. (Photo by Patrick Bray)

(Below) Members of the U.S. Army Corps of Engineers Far East District Geotechnical Branch share their expertise with other organizations throughout the U.S. Pacific Command. The district constantly trains through out the year, but time is set aside specifically in January to complete all mandatory training. (Photo by Patrick Bray)



(Right) Emergency and mission essential training for civilians is usually conducted prior to Key Resolve exercise in March. Members of the U.S. Army Corps of Engineers Far East District constantly train through out the year, but time is set aside specifically in January to complete all mandatory training. (Photo by Patrick Bray)



**US Army Corps
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Far East District**

Welcome 2013

The Far East District welcomes the new year 2013! The following pages contain some insightful information to get the new year off to a great start whether it be training (pages 7-9), education (pages 10-11), or perhaps that trip to Jeju Island (pages 18-19) you have been wanting to take. Happy new year!

By Yi Yong-un
FED Public Affairs


The Year of the Black Dragon, 2012, has passed, and it is the Year of the Snake. As each year represents a different earthly branch (total of 12), every year holds special meanings to how this year will turn out. This year is a year of health and wisdom.

In old Korean history there are records of the snake being worshipped for maintaining family's health and wealth. In fables, snakes repay kindness to people who are good, and punish evil for their wrong doings.

Also in Greek mythology the snake was a symbol of wisdom and cure. Askeprios who was the god of medicine held a snake-entwined staff, which attributed World Health Organization and American Medical Association to use the snake as their symbol to represent their organization.

People who are born in the year of the snake (1941, 1953, 1965, 1977, 1989, 2013) are said to be those who are very determined to accomplish deeds on their own, never giving up when faced with difficult situations, careful when making decision but have creative ideas.

Some of the special events happening in 2013 are the World Baseball Classic, World Figure Skating Championships, and the Pyeongchang Special Olympics.

As the snake represents wisdom and health, we all hope that you and your family stay healthy throughout the year making great plans for the months to come. 

January is the Far East District's annual training month



FED's operational security program

By Dave Wilson
FED Security, Plans, and Operations

During the previous year, the district's operational security program has had some successes and even improved some areas. We expect to continue to improve in 2013 to ensure the safety and security of our district and personnel.

Last year, district leadership rewrote the OPSEC plan, which was approved and incorporated into the integrated operations protection order.

The plan identifies the threats to the district's operations: our indicators which are information that we post on open sources or actions taken by the district that our adversary can piece together the district's capabilities, activities, limitation and intentions; and our vulnerabilities that provide our adversary a lucrative source of information.

All employees receive initial training followed by annual updates. Initial training consists of a five-page document that provides basic guidance why OPSEC is implemented, the district's critical information list and the measures used to protect the critical information.

All employees received the initial training document through e-mail or during their in-processing and were asked to maintain a copy near their work area for easy review.

Critical information is specific facts about the district's capabilities, activities, limitations and intentions, needed by our adversaries for them to plan and act effectively against us.


Our unique mission in Korea requires that we be familiar with the critical information requirements from U.S. Forces Korea and 8th Army. The critical information items are intentionally general in nature to make them easier to remember.

OPSEC measures the district employs will disrupt our adversary's information gathering process. The district has several measures in place to ensure that anyone without the need to know the information does not inadvertently receive it.

The most important OPSEC measure is to shred all work-related paper documents. Shred means that the paper is placed in an applicable machine and cut into very small pieces. Tearing up paper into small pieces by hand is not sufficient to meet this requirement. If an office does not have access to a shredder, the district's facilities branch shreds bulky construction-related material quarterly.

Early last year, the district received the results of a late 2011 security assessment, in which certain areas of concern were identified, including the proper disposal of paperwork marked as "for official use only." All district employees, and contractors working for the district, are required to know and follow proper disposal procedures.

To help district personnel better understand individual operational security requirements, an OPSEC site has been established on the security, plans and operations SharePoint site. You can access the site within the "Operations Protection" are of the "Security" site in the SP&O SharePoint site.

The OPSEC site will be updated with new information throughout the year. 

Read more on the next page

What is TRASHINT?

By Dave Wilson

FED Security, Plans, and Operations

TRASHINT, short for trash intelligence, is information that is collected from trash containers at the office, on the installation, in your home trash or at a recycling facility when taken off the installation.

Individuals who go through the trash container are “dumpster diving.”

This is an easy and generally legal way to obtain critical information about the organization or the employee. A specific document or item, in itself, may not be significant, but when the document is joined with other pieces of information, it could be extremely damaging.

For example, finding a single memo on an upcoming bid for a construction project in the trash wouldn't necessarily reveal who was accepted or rejected, but several memos could reveal who was awarded a contract and why others were not.

Another example, finding an email that indicated you applied or were rejected from a credit card wouldn't necessarily reveal who have credit problem, but several documents of a similar nature could reveal a personal problem with your finances.

While every district member should take the precaution of ensuring this material doesn't end up in the trash, mistakes can occur. So, it is recommended that people take the following steps to keep their trash free from sensitive information.

First, leadership needs to provide awareness training for personnel, highlighting the TRASHINT threat. Offices should use shredders to destroy documents or coordinate with the logistics management office to get a mobile, high-volume shredder for a large amount of documents.

Office personnel should provide protection for documents that haven't been shredded yet, and finally, office personnel should conduct periodic inspections of outgoing trash containers for personal or organization information.

Below are items that can be used to garner personal information from an individual or the Far East District if they are improperly discarded in the trash.

Personal

- Credit card receipts and other financial records
- Personal correspondence
- Vacation plans (printed receipts, ticket confirmations)
- Family records and other information
- Employment information
- Receipts from recent major purchases
- Digital media (CD, thumb drives)

District

- Documents indicating costs associated with construction project material
- Purchase orders that reveal what material costs and quantity
- Employee and payroll records, potentially exposing sensitive personal information
- Memos and printed emails
- Internal employee directories
- Marketing and development plans
- Internal white papers and reports
- Deployment rosters and schedules
- Maintenance records showing current deficiencies and equipment repair schedules
- Pre-deployment or exercise deliveries and deliverables
- Unit strength information
- Personal information about our employees and Soldiers
- Documents showing intent or capabilities of the district and our customers

If not careful, sensitive information about an organization could end up in trash piles such as this one. Certain precautions should be taken to ensure that “trash intelligence” cannot be collected from district trash containers. (Photo by Patrick Bray)

Protecting our information systems

By Bill Nolans

FED Information Management Office

Information assurance is a responsibility shared by multiple parties, beginning with the agency's very top executive, chief information officer and extending to all uniformed and Department of Defense civilian personnel.

People are an organization's most valuable asset, but are also considered its greatest threat. This threat stems from human errors in following security practices, whether intentionally or otherwise. With everyone interconnected, a threat or risk to one individual can potentially be shared by all within the computing environment and even extend to external stakeholders.

This is why information assurance is a challenge, both in technology and human resources. The industry spends a great deal of energy and resources in protecting critical systems from the threat of foreign intruders, cyber criminals and other unauthorized users. The threat of wrongdoing by people authorized to access computer systems and data is very real and potentially costly, whether that threat is intentional or accidental in nature.

Understanding the importance of protecting these systems is vital to the mission. There is an enormous amount of information concerning threat awareness and how to minimize exposure. All users of Department of Defense systems must take an initial IA awareness training course, and then an annual

refresher, thereafter. Users are also required to pass an exam that validates what they have learned.

Korean national employees are required to take the same training as their U.S. government service co-workers, including the validation. English being a second language for them makes the training and exam more of a challenge, which upon successful completion, is definitely to their credit.

Simply put, IA consists of measures that protect and defend information and information systems by ensuring their availability (access always available), integrity (no changes to the information), authentication (it's me), confidentiality (for your eyes only), and non-repudiation (can't say I didn't do it).

When it comes to the importance of IA, it is imperative that we understand that anyone who turns on a computer system is vulnerable. Understanding that systems are vulnerable to many threats, should not be taken lightly. Some of the threats that IA attempts to prevent are malicious software (malware), viruses, Trojan horses, and spyware; computer crime where a computer is either a target or instrument of the act; identity theft, phishing, and let's not forget cyber-terrorism and cyber-warfare.

Information assurance is a dynamic process that continues to evolve as new threats surface. An individual must be aware and know not only what the threats are, but what they can do in response to minimize their exposure, and all the while keeping in mind that a computer in the wrong hands really does have the potential of becoming a weapon of mass destruction.

O Se-hwan (left) and Ho Chun (right) from the U.S. Army Corps of Engineers Far East District Logistics Management Office participate in computer training in the district's information management training classroom. (Photo by Patrick Bray)

Take time for education

By Jason Chudy
FED Public Affairs

Whether military or civilian, the opportunity for Far East District personnel to get an undergraduate or advanced degree couldn't be easier.

From Camp Casey to Chinhae, or at almost any military base in between, there is an opportunity to take classroom-based courses towards an associates, bachelors or masters degree.

"Korea is a place someone can pursue off-duty education," explained Ledell Bowman, education services specialist for the Army education center at U.S. Army Garrison Yongsan. "In fact, it's a place I'd recommend they pursue it."

Four U.S. schools offer on-base courses: Central Texas College, University of Maryland University College, the University of Phoenix, and Troy University. Many other schools offer on-line or distant learning courses.

"There are many reasons to take college courses but the large number of locations and support the education centers offer here in Korea is incredible," explained Staff Sgt. Derik Liebenstein, a construction representative with the district's USAG Daegu-based Southern Resident Office.

"There are many colleges in each location that have tailored their selection and times for classes with the needs of all service men and women," he said. Leibenstein is pursuing a bachelors degree in criminal justice from the University of Maryland University College.

(Below) Pvt. Jasmine Moore of the 595th Maintenance Company checks the status of her college registration at the University of Maryland University College Asia office on U.S. Army Garrison Yongsan office Jan. 16. Helping Moore through the process is Spc. Shanna Blake. Off-duty education is available at many of the bases on the peninsula, with classes in evenings and on weekends to serve the military and civilian workforce. (Photo by Jason Chudy)



"There are many reasons to take college courses but the large number of locations and support the education centers offer here in Korea is incredible."

Staff Sgt. Derik Liebenstein

Far East District construction representative

Most military members can use tuition assistance for their coursework, making the decision to pursue a college education less financially daunting. Civilians who have served in the military may be eligible for the G.I. Bill to help pay for, or defray the cost, an education.

Shawn Washington of the district's Workforce Management Office is one of those eligible for the Post 9/11-G.I. Bill. This version of the nearly 70-year-old program pays not only for tuition but provides those eligible a stipend for books and other incidentals each term, and even provides the veteran a housing allowance.


Washington is working on a master of international relations degree from Troy University at their USAG Yongsan site.

"Off duty education has become very convenient now," he said about the ability for civilian personnel to pursue a degree. "Over here, you're not allowed to have a second job, so when you're off work, you're off work. You can go to school or have a very active social life."

Many people can balance work, school and a social life, even with the extra demands brought on by the nation's continuing defense of the Republic of Korea. "The schools which offer educational programs here work with people," said Bowman. Coursework "can be based on the mission operational tempo to accommodate them."

He explained that the course terms are eight weeks, compared to longer periods in the states. These accelerated courses mean more work in the short term to complete a class, but this also leads to the completion of a degree quicker than if done stateside.

And whether someone comes to Korea for a year, or is a civilian on their initial three-year tour, the best time to start, said Leibenstein, is now.

"My recommendation to start taking courses is to look into the future and start to plan for success as soon as you can," he said. "As time ticks by you are only leaving room for other to pass you up. With the Army offering many great opportunities at little to no cost there is no reason not to." 

The following lists the colleges and universities offering classroom-based courses at the various military facilities on the peninsula at which, or near which, Far East District personnel are based. Specifics on courses and locations are available from the individual area/base education centers, which are also listed. These lists are not all-inclusive and can change.

U.S. Army Garrison Red Cloud Education Center, DSN 732-7015

- Central Texas College (Hovey, Casey, Stanley, and Red Cloud)
- University of Maryland University College (Stanley and Red Cloud)
- University of Phoenix (Casey and Red Cloud)

U.S. Army Garrison Yongsan Education Center, DSN 723-8098

- Central Texas College (Yongsan and K-16)
- University of Maryland University College
- University of Phoenix
- Troy University

U.S. Army Garrison Humphreys Education Center, DSN 753-8901

- University of Phoenix
- University of Maryland University College
- Central Texas College

U.S. Army Garrison Daegu Education Center, (Camp Carroll), DSN 765-7729

- University of Maryland University College (Carroll and Henry)
- Central Texas College (Carroll and Henry)
- University of Phoenix (Henry)

Osan Air Base, 51st Force Support Squadron Education office, DSN 784-4220

- Central Texas College (Osan and Suwon)
- Troy University
- University of Maryland University College
- University of Phoenix

Kunsan Air Base Education Center, DSN 782-5148

- University of Maryland University College

Fleet Activities Chinhae Relocation/Transition Assistance, DSN 762-5385

- University of Maryland University College



Maintenance complex completed at Kunsan

By Patrick Bray
FED Public Affairs


The U.S. Army Corps of Engineers Far East District and members of the U.S. Air Force's 8th Fighter Wing "Wolf Pack" cut the ribbon on the final phase of a new maintenance complex at Kunsan Air Base Dec. 18.

The accessory shop will provide one location for aircraft components such as wheels, tires, external tanks, and hydraulic and electrical systems to be repaired or replaced. The complex's fabrication and armament shops were completed in 2011.

The previously-completed fabrication shop includes sections for structural sheet metal, aircraft metals technology, non-destructive inspections, and survival equipment. It also includes a state-of-the-art paint booth and sanding room. The armament shop provides space for gun maintenance and a mission equipment storage area. It also features administration offices, a classroom, and training room.

The project consolidates 18 shops spread around the base. With all three now housed in one maintenance facility close to the flight line, the response time to urgent aircraft maintenance issues is greatly reduced.

"Before the new facility was completed, maintenance operations were performed out of several buildings scattered across three square miles," said Andrew Rajala, resident engineer at the district's Kunsan Resident Office. "Now, all these sections are in a single area and there are fewer inefficiencies of transporting parts among the shops."

With the entire project now complete, the 1974-era maintenance facilities will be demolished. 

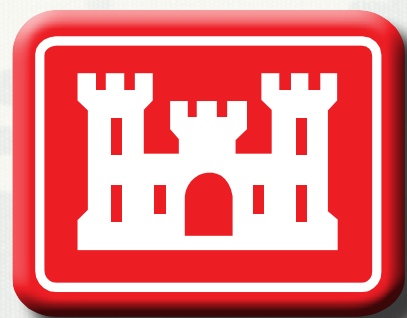
Leaders and representatives from Kunsan Air Base cut the ribbon on the final phase of a new maintenance complex Dec. 18 completed by the U.S. Army Corps of Engineers Far East District. This new complex consolidates maintenance facilities which were spread out over the air base. (Photo by Mike Neaverth)

A U.S. Air Force color guard presents the colors Dec. 18 during a ribbon cutting ceremony for the final phase of a maintenance complex completed by the U.S. Army Corps of Engineers Far East District. This new complex consolidates maintenance facilities which were spread out over Kunsan Air Base. (Photo by Mike Neaverth)



An artist's rendering of the new maintenance complex at Kunsan Air Base completed by the U.S. Army Corps of Engineers Far East District.





Deputy commanding general for military and international programs visits Far East District

By Jason Chudy
FED Public Affairs

Maj. Gen. Kendall Cox, the U.S. Army Corps of Engineers deputy commanding general for military and international operations, made a three-day trip to the Republic of Korea Jan. 9-11.

During the visit, Cox met with U.S. military officials, engineering Soldiers from the 2nd Infantry Division, members of Far East District staff, and toured construction projects at U.S. Army Garrison Humphreys.

Cox told district personnel that his message to U.S. Forces Korea leadership about the completion of the Yongsan Relocation and Land Partnership Plans was simple: "You need those facilities, and you've got the right people doing it, and we'll make sure it gets done," he said.

He explained that when he met with Gen. James D. Thurman, commander of the United Nations Command/Republic of Korea-U.S. Combined Forces Command/U.S. Forces Korea, Thurman reminded him of his top priority for U.S. military forces on the peninsula: the ability to "fight tonight" if needed.

"Everyone in this room is not responsible for 'fighting tonight,'" said Cox to the handful of military members and dozens of Korean and American civilian personnel assembled at the district headquarters in the Dongdaemun area of Seoul. "But everyone in this room is responsible for ensuring that those who will have that capacity and capability to do so.

"And he made that very clear to me as he looked across the table and said 'understand my number one priority, and understand your responsibility to support that,'" Cox said.



(Above) Maj. Gen. Kendall Cox (center), the U.S. Army Corps of Engineers deputy commanding general for military and international operations, speaks with employees of the Far East District's Hospital Resident Office Jan. 9. Cox stressed the importance of the district's mission which includes the many projects on-going projects at U.S. Army Garrison Humphreys as well as the many others located throughout Korea.

(Below) Maj. Gen. Kendall Cox greets Brig. Gen. Kang Chang-koo, director general of program management at the Korea Ministry of National Defence U.S. Forces Korea Relocation Office. Cox met Kang during his visit to U.S. Army Garrison Humphreys Jan. 9. (Photos by Patrick Bray)




"We all hope and pray here that this will never come to fruition," Cox told the district, "but we have to have that capability."


Cox also told the district personnel the importance of their work in Korea as part of the larger Corps of Engineers mission.

"Every time I come I never cease to be amazed: amazed at the amount of things you're doing with such a small organization," he said. "What you accomplish, given the capabilities and expertise that you have, is not replicated anywhere within the Corps of Engineers."

Only two other Corps of Engineers districts are permanently headquartered outside of the United States. Two others are operating in Afghanistan.

The Far East District has about 500 employees on U.S. military facilities over the Republic of Korea. Responsible for billions of dollars worth of construction projects, the district has been, and will be, working on \$10.7 billion worth of projects in the U.S. Army Garrison Humphreys area over the coming three years alone. 



 See more photos of Maj. Gen. Cox's visit at www.flickr.com/photos/fedpao/sets

 Watch Maj. Gen. Cox's visit at www.youtube.com/FarEastDistrict

Maj. Gen. Kendall Cox speak with employees of the Far East District during Castle Call Jan. 10. Cox stressed the importance of the district's mission which includes the many projects on-going projects at U.S. Army Garrison Humphreys as well as the many others located throughout Korea. (Photo by Patrick Bray)

Maj. Gen. Cox visits 2nd Infantry Division SAPPER Company



A soldier from the 2nd Infantry Division Sapper Company reassembles the 25-mm gun on the Bradley fighting vehicle. Maj. Gen. Kendall Cox visited the Sappers Jan. 8 to see the role that the combat engineers play in the Republic of Korea. (Photo by Patrick Bray)

By Patrick Bray
FED Public Affairs

Maj. Gen. Kendall Cox, the U.S. Army Corps of Engineers deputy commanding general for military and international operations, visited the 1st Brigade 2nd Infantry Division Special Troops Battalion's "Sapper" Company Jan. 8.

Combat engineers, known as Sappers, play an important role for the 2nd Infantry Division in the Republic of Korea. The sapper mission essential task list includes overcoming barriers, obstacles, and mines that could exist in the rough Korean terrain.

"Combat engineers are the most versatile soldiers in the world in their ability to perform a variety of different tasks," said Cox.

For example, Cox observed an engineer soldier complete a Bradley fighting vehicle gunnery task, usually reserved for cavalry and mechanized infantry troops, which was to clear, remove, disassemble, assemble, and reinstall the Bradley's 25-mm gun. The standard is under 10 minutes to complete.

Afterwards Cox gave a pep talk to the troops in which he discussed the future of the U.S. Army and the role that the engineers will play. He also encouraged everyone to further their education and training. 🇺🇸

By Maria Lee
FED Corporate Communications

The importance of communication

The Far East District has many projects which will see major milestones in 2013. With so much good news to communicate we need the whole district to help us tell our story. After all, what good is good news if no one hears about it?

Communication skills are important for everyone, whether a person is a public affairs professional, engineer, accountant, contracting officer, or construction representative!

Starting in February, a new series of communications workshops will be offered to district personnel. The courses will provide hands-on tasks and an interactive lesson on how to communicate better.

The workshops have two different curriculums: one focusing on fundamental interpersonal communication skills and the other on collaborative communications planning.

Each small-group workshop will be tailored to the participants' needs and skill levels. The goal is to ensure that employees take away practical skills, techniques, and tools.

As an organization, each person in our district has a key role in communicating with our peers, our customers, and

stakeholders. The first curriculum will concentrate on the U.S. Army Corps of Engineers communication planning process.

Known as a best practice within the USACE, the process is designed to set a standard of excellence, continuity, and a forum for fostering teamwork and collaboration. The course will offer an in-depth interactive lesson on the 10-step process to develop collaborative and effective communication plans.

For those who are interested in improving their individual communication skills, the second curriculum will concentrate on interpersonal communications. This course is designed to help employees learn how to harness the power of communication to achieve personal goals, including things such as professional advancement.

Employees will take away skills that can help with difficult conversations, interviews, working with diverse groups, and building trust.

Some of the topics include goal setting, the importance of understanding two-way communication, message development, body language and verbal delivery. Interactive demonstrations of other communication concepts will also take place to encourage participation and to simulate current work environments and make each workshop a unique learning experience.

You can sign-up for an upcoming course on the corporate communications SharePoint page or by e-mail at maria.lee2@usace.army.mil. 🇺🇸

The Korea Ministry of National Defense recognizes FED employee

By FED Safety Office

Chang U-ik of the U.S. Army Corps of Engineers Safety and Occupational Health Office was recognized by Maj. Gen. Chung Joo-kyo, director of the Korea Ministry of National Defense - Defense Installations Agency, Dec. 28 for providing safety program inspections and construction management safety education. Chung noted that Chang's efforts have significantly enhanced the ROK-US Alliance. 🇺🇸



UNION SPOTLIGHT

Are you looking for quiet contemplation while being close to nature?
Try walking the Jeju Olle Trail.

By Nam Hui-ku
 FED Construction Division

The Camino de Santiago is a world famous trail in Spain but it is more than just a hike. Some call it a historical tour, a cultural tour, even a pilgrimage. People like to walk on trails to gain life lessons, take time away from people to contemplate, and other reasons. If someone was to recommend a trail similar to the Camino in Korea, where would it be? The answer definitely will be the Jeju Olle trail.

Your body, soul, and the steps you take can never feel so light when you feel the ocean and mountain, streams and fields, flowers and wind as you walk.

How about taking a break from the existing commercial tourism such as quick sightseeing and instead hike the Jeju Olle Trail experiencing traditional Korea and Jeju Island with their people and great food?

The Olle trail is a set of trails selected as good hiking routes. 'Olle' is the word for a narrow pathway in the Jeju dialect that is connected from the street to the front gate of a house. In September 2007, the first trail was developed and as of May 2012, there are 20 trails. Each course is approximately 15 kilometers, and it takes an average of five to six hours to complete each course. Most of the trails are along the seashores of Jeju which connects with side streets,

mountain trails, field paths, beaches and mountains. There is also a course that takes you around the entire island.

How about taking a break from the existing commercial tourism such as quick sightseeing and instead hike the Jeju Olle Trail experiencing traditional Korea and Jeju Island with their people and great food?

More information on Jeju Olle trail can be seen on the website below. (available in English)

Jeju Olle trail website: <http://www.jejuolle.org> 



A section of the Olle Trail on the eastern side of Jeju Island. (Photo by Patrick Bray)

A section of the Olle Trail on the eastern side of Jeju Island passes by Seongsan Ilchulbong, a dormant volcano, which is surrounded by the sea. (Photo by Patrick Bray)



UNION SPOTLIGHT

자연과 가까우면서 조용한 사색의 시간을 갖을 수 있는 곳을 찾고 계신가요?
그렇다면 제주 올레길을 걸어 보세요.

By Nam Hui-ku
 FED Construction Division

산티아고 순례길'은 스페인에 세계적으로 유명한 순례길입니다. 이 길은 평범한 길이라고 할 수 없습니다. 사람들은 이 길을 역사관광, 문화관광, 그리고 순례하기 때문에 찾아 가고 있습니다. 인생의 교훈을 얻기 위해, 사람들과 떨어져 사색의 시간을 갖기 위해 등등 갖가지 이유로 사람들은 길을 떠난곤 합니다. 대한민국에서 산티아고 순례길과 가장 비슷한 길을 손꼽으라면 어디를 말해야 할까요? 주저 없이 제주의 '올레'를 선택할 수 있겠습니다.

바다와 오름, 계곡과 들판, 꽃과 바람을, 걸으면서 느끼면 몸도 마음도 발걸음도 그렇게 가벼울수가 없다.

올레길이란?

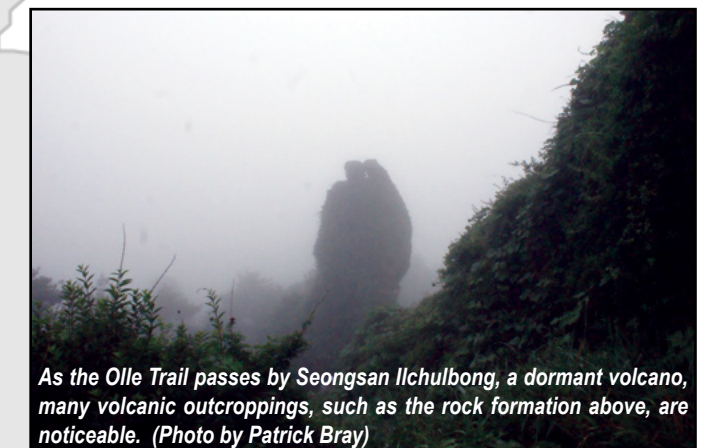
제주도의 걷기좋은 길들을 선정하여 개발한 도보 여행 코스입니다. '올레'는 제주 방언으로 좁은 골목길을 뜻하며, 통상 큰길에서 대문까지 이어지는 좁은 길입니다. 2007년 9월 제1코스가 개발된 이래 2012년 5월까지 20코스까지 개발되었습니다. 각코스는 일반적으로 길이가 15km이내이며, 평균 소요시간이 5~6시간 정도입니다. 주로 제주의 해안 지역을 따라 골목

길, 산길, 들길, 해안길, 오름등을 연결하여 구성되며, 제주의 작은 섬을 도는 코스도 있습니다.

상업적이고 빠르게 이동하는 기존의 제주관광에서 벗어나 소박하고 아기자기한 제주 올레길을 걸으면서, 한국과 제주 고유의 문화와 사람들, 덩으로 맛있는 음식까지 만나보시는 것은 어떨까요?

제주 올레에 대해 더 많은 정보를 알고 싶은 분들은 아래의 주소를 참고하세요. (영문홈페이지 선택가 등)

제주올레 홈페이지: <http://www.jejuolle.org> 



As the Olle Trail passes by Seongsan Ilchulbong, a dormant volcano, many volcanic outcroppings, such as the rock formation above, are noticeable. (Photo by Patrick Bray)

A spur on the Olle Trail leads to a small bay where the haenyo (sea women), also known as the diving grandmas, search for squid and octopi. The haenyo are representative of the unique, matriarchal culture of Jeju Island. (Photo by Patrick Bray)



January is MLK remembrance month

By Keysha Cutts-Washington
KPRO

The Defense Equal Opportunity Management Institute Special Emphasis Program released a poster for Dr. Martin Luther King, Jr. Day displaying a shortened version of one of King's quotes.

"Everybody can be great...because anybody can serve. You only need a heart full of grace. A soul generated by love."

It was in the spirit of this sentiment that the United States Congress passed the King Holiday Service Act in 1994. Since then Americans have been challenged to celebrate the King Holiday as "A Day On, Not A Day Off." On this day individuals are asked to live in the conjecture of, "Remember! Celebrate! Act!" – King's legacy of bridging the gap that divides humanity.

As we evolve as a nation, we further recognize that all people share the same basic human needs. While the definition of basic human needs vary with social, economic and religious belief, Dr. King embodied the Gandhian values of truth, nonviolence, and service. In these societies human rights are embraced and sustained; therefore basic human needs are fulfilled with the assistance and service of all. In his journey through life King did his best to be in the service of others. He believed that "life's most persistent and urgent question is, what are you doing for others?" As we enter a new year and get in the spirit to; we should take the time to reflect on what it truly means to serve.

Webster defines the word serve in many ways. If we consider the context of service to mean that of serving human kind, we could adapt the definition - to render active service, homage, or obedience to, and to answer the requirements of those who are in need. King was fervent and committed to answering the call of freedom. His beliefs weighed significantly on empowering individuals to become aggressively involved in the eradication of inequalities, racism, segregation and injustices. Although today we are not often faced with overarching needs to support individuals in areas as these injustices, there are still immediate needs in our communities that we can address, both large and small.

In our everyday life, we have the opportunity to give back to our community in so many ways; that extend monetary means.

As King noted, "We are prone to judge success by the index of our salaries or the size of our automobile rather than by the quality of our service and relationship to mankind."

As we prepare to celebrate the Dr. Martin Luther King Jr. Holiday, let us consider all of the occasions where we can make



a difference through our service. Offer kind words or gestures to those whom you encounter. Consider the donation of time and or talents to charitable organizations. Celebrate the life that we have been given. Peruse opportunities to enhance your quality of life and those around you. Most of all remember to act on your good intentions; as actions speak louder than words. Lead by example. Though King was a man of many words, it was his actions that spoke volumes about the ills of society and the acts of service necessary for its progress.

In all of the great accolades that were bestowed upon King in a speech given February 4, 1968, two months before his death, he advised us that he did not want to be remembered for fame of glory but for "...that day that (he)... tried to give his life serving others...tried to love somebody... tried to be right on the war question...tried to feed the hungry...to clothe those who were naked... to visit those who were in prison... tried to love and serve humanity."

This year make a vow to "Remember! Celebrate! Act!" in honor of Dr. King's legacy. Serve in any way that you can.

"If you can't fly, then run. If you can't run, then walk. If you can't walk, then crawl. But whatever you do, keep moving" and Serve!



EEO CORNER

EEO releases first quarter diversity report

FED Equal Employment Opportunity Office

The U.S. Army Corps of Engineers Far East District strives to achieve a diverse workforce. In order to monitor the district's diversity, the Equal Employment Opportunity Office conducts the Management Directive 715 Report twice a year.

The report covers the workforce data for the current fiscal year as well as data from the previous fiscal year. However, the report only covers Department of the Army civilian data. In the report, the data from the current fiscal year and previous fiscal year are compared, and the current fiscal year and the national civilian labor force statistics are compared to determine the district's progress in building a diverse workforce.

The workforce data is not just one report. The Management Directive 715 report consists of reports that show the representation of the workforce by race, sex, disability status, grade distribution, as well as awards, promotions, and other aspects of the workforce.

The 2012 fiscal year data showed that the Far East District had a total of 225 Department of the Army civilians. Men comprised 80.44 percent of the workforce and women at 19.55 percent. The chart below indicates the workforce representation by race and sex.

Due to some challenges in fulfilling the minorities and women numbers as well as individuals with targeted disabilities, the Far East District works with different programs, such as the Advancing Minorities' Interest in Engineering program and various career fairs, to reach those goals set by the national civilian labor force.

However, even with the challenges, the district has

been able to maintain an Asian population that is well above the national civilian labor force statistics. With the report and the active involvement in different programs, the district can strive to grow by fixing the areas that are lacking in the district's diverse workforce.

U.S. ARMY CORPS OF ENGINEERS FAR EAST DISTRICT

EQUAL EMPLOYMENT OPPORTUNITY (EEO) OFFICIALS

 COL Donald E. Degidio, Jr. Commander	 Tamara R. Watts-Stephens EEO Officer Bldg. S-07 (315) 721-7285	 LTC John E. Rhodes Deputy Commander
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SPECIAL EMPHASIS PROGRAM MANAGERS

 Nancy A. Cutts-Washington (753-3374) Native American Employment Program	 Ms. Chong-Yun Kim (721-7115) Asian Pacific Islander Employment Program	 Mr. Shawn L. Washington (721-7089) Black Employment Program
 Mr. Roger E. Preciado (753-3072) Hispanic Employment Program	 Mr. Robert L. Smitz (753-6032) Disabled Veterans Affirmative Action Program (DVAAAP) Outstanding Employment Program	 Ms. Khadijah Y. Freeman (721-7355) Federal Women's Employment Program



Building *Safety* Strong

ARMY SAFE IS ARMY STRONG



What to do when it's C-C-Cold

For many people, working or playing in cold weather can be a positive experience. You may feel invigorated by the bracing air and feel like doing your work with more physical energy than usual. When it comes to leisure, cold weather offers many enjoyable activities whether it's skiing, skating, snowmobiling or ice fishing.

When you work or play outdoors or in unheated structures during the winter months you are at risk for serious health problems including trench foot, frostbite, and hypothermia. In extreme cases, including cold water immersion, exposure can lead to death. Some of the danger signs include uncontrolled shivering, slurred speech, clumsy movements, fatigue, and confused behavior.



Here are some cold weather tips that all need to be familiar with:

- ◆ Learn to recognize some of the environmental and workplace conditions that may be dangerous. For example, it needn't be bone chillingly cold, with a howling wind, in order for you to be at risk for developing hypothermia. It can happen in above-freezing temperatures.
- ◆ Learn the signs and symptoms of cold-induced illnesses and injuries and what to do to help others.
- ◆ Wear proper clothing for cold, wet, and windy conditions, including layers that can be adjusted to changing conditions. Remember sweating can quickly make a bad situation worse so be aware of your body temperature and add or remove layers as needed. If you are playing a sport or run the risk of sweating, you should bring additional layers of clothing so you can change into layers if required.
- ◆ When in extreme conditions, take frequent short breaks in a warm dry shelter to allow yourself to warm up.
- ◆ Try to schedule outside work or play for the warmest part of the day.
- ◆ Avoid exhaustion or fatigue because energy is needed to keep muscles warm.
- ◆ Use the buddy system - work in pairs so that others can recognize danger signs.
- ◆ Try to keep moving while in the cold; don't be still. This helps to keep your body temperature up and circulation moving. If you think you are experiencing symptoms of hypothermia or frostbite, get to a shelter right away and seek medical help.
- ◆ In addition to dressing properly for cold conditions, it's important to eat regularly when you are out in the cold, especially foods high in carbohydrates and fats such as hot pasta dishes. Your body requires an enormous number of calories to shiver and keep warm.
- ◆ Drink warm, sweet beverages (sugar water, sports-type drinks) and avoid drinks with caffeine (coffee, tea, sodas or hot chocolate) and avoid alcohol.
- ◆ Remember, you can face increased risks when you take certain medications, are in poor physical condition, or suffer from illnesses such as diabetes, hypertension, or cardiovascular disease.



Remember: working or playing in cold weather can be a positive experience if you dress warmly and use common sense about protecting yourself.



Marc C. Holt
Construction Division



Bayani Apuya
Construction Division



Yi Chong-yol
Engineering Division



Donny Davidson
Construction Division



Tu Thanh Nguyen
Engineering Division



D'orah Small
KPRO

Bernadine Thomson

KPRO

My Plan

I help the Corps Build Strong in Korea by...

- Leveraging my prior experiences to contribute direction, lessons learned, and leadership to the dynamic Korea Program Relocation Office
- Creating an environment of professionalism, honesty, consideration and value in my fellow team members
- Choosing to make a difference in all that I do and a lasting impression on all whom I encounter



My Plan, My Face

Naeem Dogar

KPRO

I help the Corps Build Strong in Korea by...

- Diligent execution of all tasks assigned and continue to learn processes and procedures to assure quality of projects delivered to our customers.
- Pro-actively engage in the project delivery team efforts to deliver quality construction solutions for the success of the Korea relocation and transformation programs.
- Seek continuous learning opportunities for myself and others. Create an environment that promotes USACE as a desirable place to work.



My Face

I am a key person in the Corps by...

- Balancing Work and Family responsibilities
- Getting out and traveling: seeing and experiencing other cultures
- Learning tai chi, the Korean language and volunteering my time in support of Susan G. Komen Breast Cancer Research
- Living each day as if it was the first day of the rest of my life



My Plan

I help the corps build strong in Korea by (What piece of the puzzle do I provide to ensure the U.S. Army Corps of Engineers goes from good to great?)...

- Which Far East District operations plan actions and tasks do I support?
- Which Pacific Ocean Division implementation plan action do I support?
- Which Corps of Engineers command plan goals and objectives do I support?
- What unique contributions do I make to FED, POD, USACE, and our nation?

My Face

I am Building Strong in Korea by...

- Fun things I do
- People and family
- Hobbies
- What else?



My Face

I am a key person in the Corps by...

- Enjoy Korean culture and festivals.
- Spend time with family and friends.
- Find the motivation to learn Korean language.

Would you like to share your “My Plan, My Face?”

If you are a Far East District civilian or Soldier, simply send yours into the Public Affairs Office and you could be featured in the next East Gate Edition!

From the Commander Thank you for doing GREAT things:

Congratulations to these employees of the month! Thank you for your hard work and dedication!



Pak Chi-ung from FED Engineering Division for the month of September.



Staff Sgt. Nathan Gulley from FED Construction Division for the month of October.

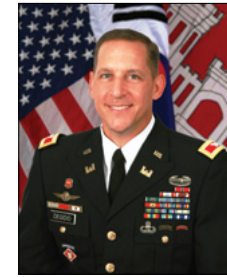


Stephen Kim from FED Program and Project Management Division for the month of November.

Have a question?
Have some feedback?
Want to share your ideas?

Please visit our Interactive Customer Evaluation (ICE) website at www.pof.usace.army.mil/home/ice and share your thoughts with us.

- The U.S. Army Corps of Engineers, Far East District, wants to hear from you.
- We value our customers and employees so we are always looking for more innovative ways to improve our business processes and services.
- As a customer you can provide feedback or ask a question to any of our divisions and offices.
- We will follow-up on your comments within five business days or sooner.



Col. Donald E. Degidio, Jr.

사령관 코너

최고의 극동 공병단 팀과 모든 팀들에게,
신년의 첫번째 달을 뒤로한채 활기차게 새해를 시작했습니다!
이달은 마틴 루터 킹의 날을 기념하여 그가 남긴 비폭력 사회 변화 그리고 평등 운동을 기리는 달입니다. 우리 조직은 다양한 조직원들로 구성된 것을 굉장한 행운으로 생각해야 하며 조직내에 한국 직원은 매우 중요한 역할을 맡고 있습니다. 다양성에 대한 우리 공병단의 헌신은 우리의 시각, 관점, 능력을 극대화하여 최상의 차별화된 서비스를 고객과 이해관계자들에게 제공합니다. 다양성을 추구하는 우리의 계획과 전략은 인종에 상관없이 능력있는 인재들을 이끌어 교육시켜 앞서 나가도록 기획되었습니다.
새해를 시작하면서 공병단 연례교육을 용산 부대에서 시행했습니다. 주한미군이 필요시 임무태세를 갖추기 위해 여러분이 기여하신 노력과 헌신에 감사드립니다. 모두 수고하셨습니다. 감사합니다.
이번 달, 미 육군 공병대의 군사 및 국제 작전 부사령관이신 캔 콕스 소장님께서 3일간 한국을 방문하였습니다. 소장님은 다양한 군 지휘관, 제2보병사단 캠프 호비의 공병들, 평택미군기지를 방문하여 건설 프로젝트 진행상황을 보고 받았습니다. 소장님은 지난 6개월간 한국을 총 3번 방문하였으며 이는 우리의 역할이 미육군공병대 팀에 얼마나 중요한지 보여주고 있습니다.
또한 이달 조셉 웨스트팔 미 육군성 차관이 캠프 험프리즈 군 가족 막사를 방문하여 진행상황을 보고받을 예정이며 진행중인 건설 프로젝트도 볼 예정입니다.
얼마 후에는 미 육군 공병대 부사령관이신 토드 세머나이트 소장님께서 한국을 방문할 예정입니다. 우리가 한국에서 시행하는 업무는 군 그리고 국가 지도자들에게 중요하며 이런 방문들은 공병단의 업적을 강조할 수 있는 기회입니다. 이렇게 중요한 임무를 항상 생각하며 콕스 소장님이 직원전체회의때 말씀하신 2가지 요점이었던 안전과 우수성에 대해 다시 말씀드리겠습니다.
소장님은 안전을 희생할 정도로 중요한 프로젝트, 요구사항, 그리고 임무는 없다고 했습니다. 소장님이 말씀했듯이 우리는 직원들을 보살펴야 하는 내재된 책임이 있으며, 이는 사령관인 저에서부터 각 직원 또는 계약업자 등 모두에게 해당됩니다. 우리 모두는 안전에 대한 책임이 있으며 자신과 국가를 위해 안전을 중요시 해야 합니다.
소장님은 또한 미육군공병대가 세계적으로 우수한 건설 기준을 세웠다고 했습니다. 다시 강조하자면 우리는 이 기준을 절대 낮추지 않을 것입니다. 우수한 건설 기준은 안전과도 밀접하게 연결되어 있으며 우리 업무의 모든 측면에서 우수성을 염두하여 업무를 이행해야 합니다.
우리 모두 안전하고 성공적인 2013년을 보냅시다!

우리의 최고의 동맹에게 - 같이 갑시다!

우리의 최고의 공병단에게 - 에세이온!

한반도에 강한 건설을 수행하는 하나의 팀!

Donald E. Degidio, Jr.



SOLDIERS LEADERS CIVILIANS FAMILIES



Take 5

Icy Intro to Winter Driving

- Accelerate and decelerate slowly
- Increase your following distance eight to 10 seconds to provide more room to stop
- Know your brakes
- Don't power up hills and don't stop while going uphill unless necessary
- Take a fully charged cellphone, food, water and warm clothing
- Don't go out unless absolutely necessary



ARMY SAFE
IS ARMY STRONG

